



Dear ##[Name | First]##,

It's National CSA Week (Feb. 19 - 25, 2024) and the perfect time to learn more about community supported agriculture (CSA) across Kentucky!

Keep reading to discover the benefits of CSA, search the [OAK directory](#) for CSA farms near you, and get seasonal eating resources to cook like a pro this growing season.

Mark your calendars! [KY Proud CSA Week](#) is happening March 4-8, 2024. This will be the 5th virtual celebration of CSA farms across Kentucky. This promotion will feature over 70+ CSA farms and other community resources in the [CSA in KY Facebook Group](#). Join this group to follow along for more CSA fun.

Happy CSA Week,  
The OAK Team

## Celebrate National CSA Week with Us!

National CSA Week (Feb. 19 - 25, 2024) is one of the most popular times of year to subscribe to a CSA. As a CSA member, you get to celebrate the bounty of the harvest and also develop a deeper understanding of the risks and rewards of farming. This relationship with local agriculture and your partner farmers is just as nourishing as the food itself.

When Kentucky eaters choose CSA that is grown organically, they also support family farms that are working to build soil health, water quality, and biodiversity across Kentucky. Overall, the CSA model increases the supply of healthy local foods and creates a more resilient food system.

There are over 25+ CSA farms on the [OAK Find-A-Farm Directory](#). Check out their offerings today by selecting the "Find a CSA" box to browse options OR search OAK member farms in your area by simply typing in your zip code to get a full list of family farms near you!

[Search the OAK Directory](#)

# Do you know your farmer?



Rains and Sun Hilltop Farm

## CSA More than food.

Community Supported Agriculture (CSA) is a local food subscription you sign up for in advance for a specific number of weeks. This subscription is often called a "farm share." CSA farms in Kentucky offer farm shares for produce, meat, eggs, flowers, herbs, and more.

## What is Community Supported Agriculture?

The upfront commitment to purchasing is one of the most critical aspects of CSA. It offers the farm more financial support as they prepare for the upcoming growing season and a more secure market for their products. In return, community members gain access to some of the freshest locally-grown products and develop a relationship with a farm for a whole season.

**Watch this video to learn more about what CSA is and hear from CSA members what they like most about this local food purchasing model!**

[Watch "What is CSA"? Video](#)





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## Save the date for KY Proud CSA Week!

Get ready for a week-long celebration of community supported agriculture in Kentucky! Mark your calendars for **2024 KY Proud CSA Week, March 4-8, 2024**. Follow along to explore offerings from farmers across the state and connect with other Kentuckians passionate about local food. Join the [CSA in Kentucky Facebook Group](#) today!

This online promotion will feature 70+ CSA farms and is co-organized by the Organic Association of Kentucky, Kentucky Proud, Kentucky Horticulture Council, The Food Connection, and Center for Crop Diversification. Organizers will be sharing different CSA resources and fielding questions each day of KY Proud CSA Week in the Facebook Group.

Share this Event



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## Explore Other CSA Resources from Kentucky Farm Share Coalition



## Bring Local, Organic Produce CSA Shares to Your Workplace

Kentucky Farm Share Coalition (KYFSC) connects workplaces to family farms through workplace CSA programs. These programs help employers coordinate financial incentives towards CSA, worksite pick-ups, and creating customized marketing for the workplace so employers can make eating local, organic foods more convenient and affordable for employees.

[Learn More](#)



## Check out our CSA Handouts & Storage Tips this Spring

Go to Kentucky Farm Share Coalition, OAK's workplace CSA program, website for a collection of handouts for new and current CSA members.

Download our NEW "What is CSA?" bookmark for an easy resource to share and explain the benefits of joining a CSA program, as well as other cooking resources for locally-grown foods.

[View CSA Handouts](#)



## Follow us on social!

Follow the Kentucky Farm Share Coalition (KYFSC) @kyfarmshare on Instagram and Facebook for famer highlights, CSA tips, and other local food resources throughout the growing season. Feel free to message us with any CSA questions on social or email us at [kyfarmshare@oak-ky.org](mailto:kyfarmshare@oak-ky.org).

[Follow KYFSC](#)

Follow @kyfarmshare for more resources:

[Instagram](#)

[Facebook](#)



## Stay in touch:

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