

## SWSP PROBE

Winter 2021

### President's Message



Greetings from Omaha, NE! As a member of SWSP over the past 10 years, I feel lucky to have grown in friendship and collaboration with many of our members. Being a member of SWSP connected me with numerous mentors and role models within our society. These relationships continue to inspire me as a budding periodontist. I routinely leave the Winter and Summer meetings feeling refreshed and motivated from a weekend surrounded by like-minded professionals; men and women who are dedicated to being their best not only for their patients, but for their profession. Many of our members have dedicated countless hours supporting SWSP and periodontics as a specialty. A thank you goes out to everyone who has served the SWSP and periodontics in any capacity. I am beyond proud. I am beyond humbled. I am beyond gracious to serve the society as your 2021-2022 President.

I joined SWSP in 2011. As a 1st year resident at UTHSCSA, during residency orientation, Dr. Mealey introduced us to the Southwest Society of Periodontists. We quickly learned that joining the SWSP “was not optional.” We learned that being a member was a crucial way to stay engaged, relevant and fulfilled. Becoming a SWSP member was an ultimatum that I didn’t dare question. I’m so grateful for this ultimatum, which sparked my involvement within the society. I’m aware that this directive continues to this day both from UTHSCSA and other residency programs within our region. All joking aside, respectfully, this ultimatum has been a valuable source of growth for our society and vital to the longevity of the SWSP.

We are a vibrant and energized group. However, the SWSP needs more than mere members. We need individuals who volunteer on committees, serve on the Board, who are engaged and offer suggestions to improve our society and maintain our relevance. An easy method of engagement is simply encouraging non-members to join. Invite a non-member periodontist to a meeting where he would or she would receive FREE registration. Reach out to that colleague or co-resident who has “fallen off the map.” 2020 and 2021 were uncertain, challenging, isolating and disjointed years for many of us, professionally and personally. The way we operate, interact and go about our basic routines changed drastically almost overnight. No longer are we able to connect as we had become long accustomed to with friends, family and our patients. It is imperative to remember that we are stronger and more fulfilled when we are connected and engaged. This is true for us as professionals and also within our personal lives. I personally challenge our entire SWSP membership to make 2022 the year of reconnecting and re-engaging by attending BOTH the 2022 Winter & Summer meetings. Please volunteer to serve on a committee. This takes very little time, but helps our society tremendously.

Following the Summer 2021 Annual Strategic Planning Session, your Board and Executive Committee has hit the ground running planning many new strategies to enhance membership engagement. We will diligently work over the next few years to create innovative

continuing education opportunities tailored to periodontists with varying degrees of experience. We hope to accomplish this by offering a multi-track meeting format. We also hope to engage other dental specialties and perhaps other regional periodontal societies for collaborative CE sessions. We strive to continue to be the premier source of periodontal education for our region and to offer value to our members by determinedly adapting to your communicated desires and needs.

I thank those of you who have served and will serve as a Board Member, Committee Chair, and Committee Member. Without everyone's contribution, the SWSP's vision, strategy and goals would never lift off the ground. I am eager to work more with you this year.

Thank you to our association management company, CMP. Their ability to organize and streamline has been paramount for our society to accomplish long-term goals and objectives. Working with CMP has kept your SWSP leadership engaged and accountable. CMP responds quickly to the needs of our society with cheerful efficiency. I cannot imagine operating without their assistance.

With sincere appreciation, I want to recognize Debbie Petersen who has served for the past 6 years as our Association Executive for the SWSP. At the end of 2021, Debbie will be taking her well-earned retirement. Thank you, Debbie for all you have given to our society. It was always effortless and a pleasure to work with you on behalf of serving the SWSP.

Importantly, I'd like to thank our outgoing President, Dr. Kristi Soileau. Her leadership was outstanding, dedicated, and truly perpetual. She wears many hats in organized dentistry. The pandemic years of 2020-2021 were very challenging for the SWSP. She persevered and kept our Board engaged almost monthly with Zoom meetings when we could not meet physically together. She continually kept all members updated during a time of great uncertainty. Under Kristi's presidency, we successfully held a hybrid Winter 2021 Meeting, a Virtual 2021 Graduate Prichard Competition. Our 2021 Summer Meeting speaker, Dr. Frank Schwartz gave a fabulous presentation streamed live from Germany. Kristi was a fearless leader during one of the most challenging times the SWSP has had to endure, logistically and fiscally. She has been an outstanding role model for me and a sincere friend. Kristi, we cannot thank you enough for your service.

Finally, please do not hesitate to let me know if you would like to get more involved in our society. I am certain there are positions and opportunities to share your unique gift and talents in service. Also, if you have critiques or suggestions that would benefit the growth of our society, please email, call or text me. I want to hear from you. I hope to see EVERYONE in Dallas. I'm eager to reunite with friends and hope to personally meet those of you whom I do not yet know. Please find me and introduce yourself. Until next meeting, wishing you happiness and health in practice and with your families.

In gratitude and service,  
Natalie A. Frost DDS, MS, FICD  
SWSP President 2021-2022  
drnataliefrost@gmail.com  
402-968-0182

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## Thank You and Welcome!

Thank you to the 2020-2021 Board of Directors who serves during one of the most challenging years for the Society. We appreciate your service and commitment to the Society.

**President** - Kristi Soileau

**President-Elect** - Natalie Frost

**Secretary** - Takanari Miyamoto

**Secretary-Elect** - Matt Steffer

**Treasurer** - Cuong Ha

**Treasurer-Elect** - Scott Bedichek

**Past President** - Pilar Valderrama

**Member at Large** - Daniella Zambon

**Member at Large** - Nicola Angelov

**Member at Large** - Blaine Calahan

**Member at Large** - Angela (Toula) Palaiologou-Gallis

**Member at Large** - Edwin Sutherland

**Member at Large** - Jeff Pope

**Editor of the PROBE Newsletter** - Kayleigh Eaves Temple

**Social Media Coordinator (Webmaster)** - Ali Sajadi

**Annual Meetings Committee Chair** - Shelby Nelson

**Central Office Committee Chair and By-laws, Policies and Committee Chair** - Scott Dowell

**Membership Committee Chair** - Matt Carlisle

**Scientific Committee Chair** - Pooja Maney

The Society would like to welcome the 2021-2022 Board of Directors. These dedicated individuals will continue to lead the Society as the world emerges from lock-down to the “new normal”. Thank you for your service!

**President** - Natalie Frost

**President-Elect** - Takanari Miyamoto

**Secretary** - Matt Steffer

**Secretary-Elect** - Yong-Hee Chun

**Treasurer** - Scott Bedichek

**Treasurer-Elect** - Daniella Zambon

**Past President** - Kristi Soileau

**Member at Large** - Ali Sajadi

**Member at Large** - Nicola Angelov

**Member at Large** - Blaine Calahan

**Member at Large** - Angela (Toula) Palaiologou-Gallis

**Member at Large** - Kayleigh Evans

**Member at Large** - Jeff Pope

**Annual Meetings Committee Chair** - Shelby Nelson

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**Membership Committee Chair** - Matt Carlisle

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## Thank you for attending the 2021 SWSP Summer Meeting!

Over 100 periodontists, dental professionals, residents and vendors attended the 2021 Summer Meeting, held July 30 - August 1, 2021 in San Antonio, TX. The magic of technology allowed our esteemed presenter Dr. Frank Schwarz to join us from Germany in the midst of continued travel restrictions and he shared information regarding treatment concepts for the management of peri-implant disease and autogenous tooth roots for localized alveolar ridge augmentation. Thank you to our Official Meeting Sponsor, Tonya Ray, for her generous support of this year's Summer Meeting.

Dr. Schwarz, Prof. Dr. Med. Dent. Spoke is a Professor and Head of the Department of Oral Surgery and Implantology, Centre for Dentistry and Oral Medicine (Carolinum), Johan Wolfgang Goethe-University, Frankfurt, Germany. Frank Schwarz has a postgraduate degree in Oral Surgery and is Professor and Head of the Department of Oral Surgery and Implantology at the Centre for Dentistry and Oral Medicine (Carolinum), Johann Wolfgang Goethe-University Frankfurt, Germany. He serves as an Associate Editor for the Journal of Clinical Periodontology and Editorial Board Member for Clinical Oral Implants Research. He is the President of the German Association of Oral Implantology (DGI), a Board Member of the Osteology Foundation and was awarded the André Schröder Research Prize in 2007, the Miller Research Prize in 2012 and the Jan Lindhe Award in 2017.

In addition to the excellent lectures, attendees enjoyed reconnecting with colleagues from across the regions of the Society and meeting with our Sponsors and Exhibitors. The Society would like to thank each of our Sponsors and Exhibitors who are vital to making the meeting a success!



## Gold Sponsor:



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## Exhibitors:

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[Salvin Dental Specialties, Inc.](#)

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## SWSP Outstanding Scientific Publication Award Nomination Deadline December 1, 2021

The SWSP Outstanding Scientific Publication Award is presented to the most outstanding scientific published article with direct clinical relevance in periodontics. The paper should present new information which may be readily used by practitioners in the evaluation and/or management of patients with periodontal diseases.

### Requirements:

- First, second or corresponding author must be a member of the SWSP.
- Members of the SWSP Board and SWSP Scientific Affairs Committee are not eligible. These individuals may not be the first, second or corresponding author on article submissions.

**Articles must meet the following criteria:**

- Published in a refereed scientific journal during the previous twelve months.
- Published in English.
- Directly apply to the practice of periodontics and/or dental implantology.

**Nomination & Selection Process:**

- Nominations are submitted to the SWSP Scientific Affairs Committee to include:
  - SWSP Award Nomination Form.
  - Deadline is December 1st of each year.
  - The SWSP Scientific Affairs Committee make the final decision on the award recipient based on a scoring rubric to be developed.
  - The Scientific Affairs Committee notifies the SWSP Board of Directors at the Winter Board of Directors' Meeting.

For complete details and to access the nomination form click here:

Nomination Form

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## Save the Date – 2022 Winter Meeting

January 28 – 30, 2022  
Dallas Marriott Las Colinas

Check the Society website at [www.swsp.org](http://www.swsp.org) for more details coming soon!

### Saturday Presenter

**Dr. Leandro Chambrone, DDS, MSc, PhD - Professor, Ibirapuera University, Sao Paulo, Brazil**



Dr. Leandro Chambrone currently serves as an Adjunct Associate Professor in the Department of Periodontics at Penn Dental Medicine. He holds extensive experience in didactic teaching and clinical training of predoctoral and postgraduate (MSc and PhD) students. Dr. Chambrone serves as an Ad-honorem Associate Professor / Research Consultant at the Unit of Basic Oral Investigations at El Bosque University (Colombia), as well as Visiting Professor at the Department of Periodontology at the University of Iowa. He has developed didactical materials that have been widely used by predoctoral and postdoctoral students worldwide. He has published two textbooks, one on Periodontal Plastic Surgery for undergraduate students published in three languages (English, Portuguese and Chinese) by Springer Verlag Book Co. in 2015, and one on Decision-Making in Dental Implantology published in five languages (English, Portuguese, Chinese, Russian and Turkish). Dr. Chambrone's scientific papers are often reviewed in local and international Certificate Programs of Periodontology. Beyond his enthusiasm and dedication as a dental clinician and educator, Dr. Chambrone is also heavily involved with

clinical research and evidence-based dentistry. His publications have a high impact in current dentistry and are among the most cited articles published in 2012 and 2015 at both Journal of Clinical Periodontology and Journal of Periodontology. Recognition of his work in the field of periodontology is also demonstrated through his work as member of the Cochrane Oral Health Group and editorial board of an international dental journal (i.e. Clinical Oral Implants Research).

### **Clinical Insights About the treatment of Recession-type Defects and Soft Tissue Phenotype Modification Around Teeth and Implants**

Periodontal and peri-implant soft tissue augmentation plastic procedures have long been used for the treatment of gingival recession (GR) and mucogingival deformities around natural teeth and dental implants. During daily practice, clinicians are required to deal with diverse clinical scenarios and to provide the most adequate treatment options for each particular condition based on the best evidence available, the clinician's skills, and the patients' desires.

#### **Learning Objectives:**

1. To define the main factors influencing the predictability of root coverage procedures according to the different patient-, procedure- and outcome-related factors
2. To translate evidence-based findings to clinical practice, by presenting treatment approaches to the most common "clinical scenarios" related to gingival recession treatment and soft tissue phenotype modification around natural teeth and dental implants
3. To identify the influence of the keratinized tissue band on the long-term stability of results achieved by reconstructive soft tissue procedures

Teaching Method: Lecture

Disclosure of relevant financial relationships: None.

### **Sunday Presenter**

#### **Dr. Jeff Anzalone - Periodontist, Anzalone Periodontics**



Dr. Jeff Anzalone is a full-time practicing periodontist in the great state of Louisiana, author and founder of DebtFreeDr.com. His focus is on helping doctors and other high-income professionals create passive income from real estate so that they can STOP trading their time for money.

### **How Periodontists Can Boost Collections and Reach Financial Freedom in 7 Years Or Less**

More and more general dentists are performing their own surgical procedures and referring less. This is causing periodontists to acquire patients in other ways. Today we're going to discuss the top areas to find success in direct to patient marketing. Also, with doctor burnout on the rise, it's even more important to become financially stable so you can enjoy your practice and your life on your own time. Dr Anzalone teaches doctors and other high income professionals how to create passive income in order to reach financial freedom in seven years or less.

#### **Learning Objectives:**

1. Top direct to patient marketing tactics

2. How to aggressively pay off debt while investing simultaneously
3. How to create passive income to replace active income and retire early

Teaching Method: Lecture

Disclosure of relevant financial relationships: None.

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## 2022 Membership Dues

Membership renewal for 2022 is now open!

Click here to join or renew your membership: <https://www.swsp.org/how-to-join>

You must be logged in to renew your membership. If you need assistance with you username and password, email us at [info@swsp.org](mailto:info@swsp.org) and we're happy to assist.

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## Deadline for Submission of Prichard Abstracts is November 12, 2021

The first event of the 2022 Winter Meeting is the John F. Prichard Graduate Research Competition. In years past, this competition has been a success mainly because of the commitment and hard work from residents and clinicians. Each year, we continue to grow and award outstanding residents for their research contributions. This year we are looking forward to another successful competition.

The deadline for abstract submission is November 12, 2021. The competition will be held on Friday, January 28, 2022. For additional information contact the Society at [info@swsp.org](mailto:info@swsp.org).

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